



Triennial Today

Monday June 29, 2015

48th Triennial Meeting of the Episcopal Church Women

Salt Lake City, Utah

Running for Their Lives

Episcopal women and some of their friends rose very early Sunday morning to run or walk a 5K for the benefit of homeless youth in Salt Lake City. Their entry fees and the donations of sponsors will assist an outreach program and a center that can change the lives of troubled kids in a city that has been a very gracious host to this huge Episcopal gathering.

More than a hundred delegates to the ECW Triennial Meeting and deputies to General Convention streamed out from the Salt Palace Convention Center in a loop that passed the great buildings of Temple Square and returned to a hotel next the Salt Palace.

At first, the red-shirted volunteers outnumbered the tan shirts of the participants, but by event time, the main entrance of the Salt Palace was a great crowd of tan. The serious runners were released first, followed by the dedicated but not-so-serious walkers.

The participants included a bishop, some priests, a competitive senior race-walker, a former marathoner who has suffered a stroke, and a not-young woman who did the event three years ago in Indianapolis in a walker. This year she walked the whole thing unaided, and fell into a tearful hug with friends at the end.

The first seven people to cross the finish line were men, led by Brooks Cato, a first-time GC deputy from Arkansas. The first woman was Isabel Gonzalez, an ECW delegate from Utah.

Just finishing was a triumph for many of the participants who laughingly urged each other on. The cheers and the fun were for each other, and for the beautiful western city they were visiting.



PHOTOS OF THE DAY



PHOTOS OF THE DAY



Episcopal Women's History Project Annual Meeting

**Monday, June 29 12:10-1 p.m.
Marriott Downtown, City Creek
Luncheon. \$6.95**

All are invited. Membership forms will be available at luncheon and at the History Booth

Triennial Today Staff

Christine Budzowski
Editor in Chief

Marium F. Mohiuddin
Editor

Barbara Harris
Media Team, Writer

Dottie Arthur
Writer

Samar Fay
Media Team, Writer

Linda Amerault
Media Team

Jackie Meeks
Writer

Mayra Brown
Media Team

Shetwan Roberison
Media Team

Stephanie Harris-Ash
Writer

Bev Ruebech
Media Team, Writer

PHOTOS OF THE DAY



PHOTOS OF THE DAY



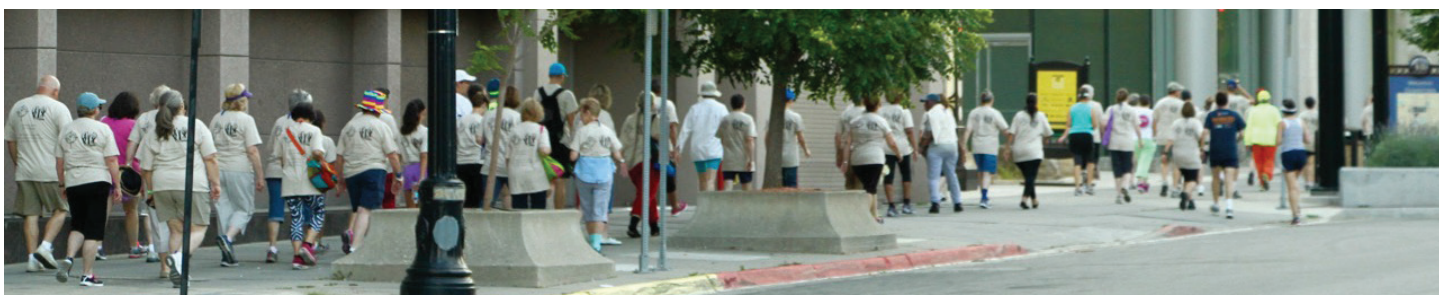
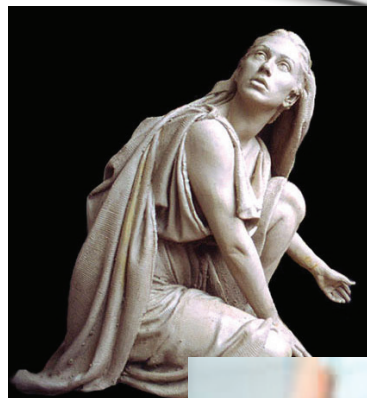
Program Highlights

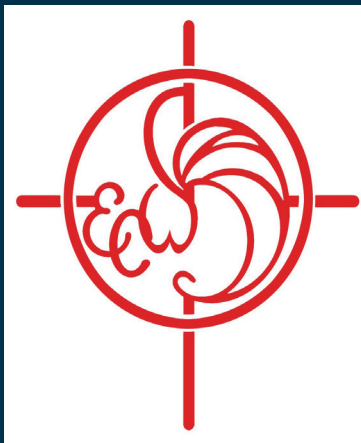
2 - 3:30 p.m. Workshops

1. *Bullying: It Even Happens in Church* - Maryfran Christ
2. *Savoring Life's Turning Points* - Sharon Stetz
3. *Stirring Up the Spirit of the United Thank Offering* - Peg Cooper
4. *The Wit and Wisdom of Our Spiritual Foremothers* - The Rev. Lindsay Hardin Freeman
5. *GFS. Changing Girls to Life Long Leaders* - The Rev. Rowena Kemp and Margaret Noble
6. *Mind, Body and Tea* - The Rev. Becca Stevens
7. *Role of a Faith Community* - Tony Milner
8. *Stirring Up the Holy Huddle* - Sharon Tillman
9. *Strength and Shame: The Discipleship of Mary Magdalene and the Role of Women in the Church* - The Very Rev. Kate Moorehead
10. *Mujeres: Sembradoras de Justicia* - The Rev. Margartia Santana
11. *Anglican Prayer Beads: Construction and Use* - Karen Poggemeyer and Joy Prestidge
12. *Knit Togetehr* - Sandra Corp
13. *Ubuntu Spirit Choir* - Matt Lemmler

4 - 5:30 p.m. Workshops

1. *Yoga with a Christian Twist* - Judy Spratling
2. *Stirring Up the Spirit of the United Thank Offering* - Peg Cooper
3. *God and the Garden* - Belle Schwarzenbach
4. *Why is SIM Impotent to ECW?* - Rachael Desmond and Sarah Milford
5. *Celebrating Our Role In God's Story: The Order of the Daughters of the King* - Grace Sears
6. *Building Up the Body of Christ: Exploring Ministries that Transform Self and Others* - The Rev. Canon Dr. Angela F. Shepherd
7. *Graceful Aging* - Maryfran Crist
8. *Stir Up the Spirit: The Story of Lazarus (en espanol)* - The Rev. Yamily Bass-Chocate
9. *Church Periodical Club* - Rebecca Markert and Cai Armstrong
10. *Healing Oils for Daily Use* - The Rev. Beca Stevens
11. *Crowd Funding Works* - Sara Milford
12. *Let's Review Oraanization Documents* - Connie Skidmore





Episcopal Church Women
ecwnational.org