

M&M Icebreaker

Summary: The M&M Game is an icebreaker that allows people to get to know each other. Each person grabs some M&Ms and shares facts about herself.

Ages: All. Recommended number of people: groups of 3-12. Works best if you play this icebreaker with people sitting at tables. Those persons at each table have the chance to get to know each other.

Materials required: A large bag of M&Ms or any candy with multiple colors (e.g. Skittles).

Pour multicolor candy into a bowl. Have everyone in the group grab as much or as little as they like from the bowl. Make sure that no one eats their candy right away.

How to Play

For each piece of M&M candy they took, they will have to answer a question, depending on its color.

For example, you can designate:

- Red candy: favorite Christian book
- Green candy: favorite scripture verse
- Yellow candy: favorite Bible character
- Orange candy: favorite Biblical place
- Brown candy: most memorable God moment
- Blue candy: favorite worship song

You can be creative and choose any questions you think would be fitting for your group. The facilitator will then call out the color topic and everyone will go around the table sharing 1 answer per M&M. As an example: if you chose two red pieces of candy, you will have to name two of your favorite Christian books. After the individual has shared that color with the group, she may then eat her candy.

Continue to go around the table until each color topic has been shared.

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